



DRIVE

MIXED MARTIAL ARTS

MONDAY

5:30-7:00
MMA/SPARRING
6:00-7:00
**CARDIO
KICKBOXING**
Eric
7:00-8:30
MUAY THAI
Bill

TUESDAY

5:30-6:00
OPEN MAT
6:00-6:30
LIFT AND TONE
TR
6:00-7:00
JIU JITSU (GI)
Jason
7:00-8:30
JIU JITSU (NO GI)
Jason

WEDNESDAY

5:00-6:00
**KIDS MARTIAL
ARTS**
Scot
5:00-6:00
MMA/SPARRING
6:00-7:00
**BOXING FOR
FITNESS**
Rob
7:00-8:30
**Boxing
FIGHTERS CLASS**
Rob

THURSDAY

10:00
AM-11:00AM
**CARDIO
KICKBOXING**
Scot
5:00-6:00
KIDS MMA
Scot
6:00-7:00
CARDIO CIRCUIT
Scot
6:00-7:00
JIU JITSU (GI)
Jason
7:00-8:30
JIU JITSU (NO GI)
Jason

Drive Mixed
Martial Arts
5255 State Rt
128 | Cleves,
OH 45002
Rivers Edge
Sports
Complex
513-202-6662

FRIDAY

10:00AM-11:00A
M
**CARDIO
KICKBOXING**
Scot
5:00-6:00
MMA/SPARRING
5:00-6:00
KIDS MMA
Scot
6:00-7:00
MUAY THAI
Scot
6:00-7:00
OPEN MAT

SATURDAY

9:00AM-10:00A
M
CARDIO CIRCUIT
10:00AM-11:00A
M
**BIKINI
BOOTCAMP**
10:00AM-11:00A
M
OPEN MAT
11:00AM-1:30P
M
SPARRING

SUNDAY

9:00AM-10:00A
M
SPARRING
10:00AM-11:00A
M
CARDIO CIRCUIT
Scot